



Vandalia Butler Schools in collaboration with Samaritan Behavioral Health and Montgomery County ADAMHS board is excited to offer SBIRT services to Vandalia Butler Schools. SBIRT services will be offered to all students in grades 6-12 with a parent's consent. There is no charge for these services as this service is funded through the Montgomery County ADAMHS board. A baseline survey will be provided at the beginning and end of the year to show that the program is effective.

Why?

SBIRT is designed to identify people are using substances in a risky way or are at risk of depression. Education is then provided to help lessen the risk of substance use problems and depression in the future. Most risky behavior related to drugs, alcohol, and depression, begin at young ages. Early detection can lessen the risks over a lifetime.

Schools across the country have implemented SBIRT services to assist in combating the opioid epidemic. SBIRT is well established and research based. Teenagers rate these services with high levels of satisfaction.

If you cut your finger, you would most likely clean the wound and bandage it. You most likely wouldn't wait until the wound is infected to do something about it. SBIRT is cleaning the wound and bandaging drug and alcohol use, and depression.

What is SBIRT?

SBIRT stands for Screening, Brief Intervention, and Referral to Treatment. Your child will be screened, like a hearing or vision screening, for depression and drug and alcohol issues. SBIRT offers some simple, useful tools to address possible concerns for your child.

What is Screening?

SBIRT starts by asking everyone some ordinary questions. Three quick tools will be used that you are welcome to view. All three tools should take between 5-15 minutes.

What is Brief Intervention?

Brief intervention focuses on increasing insight and awareness regarding substance use and depression and motivation toward changing risky behavior. For those who are at higher risk 2-4 sessions (15 minutes each) has shown to be a useful tool in decreasing drug and alcohol and depression problems.

What is Referral to Treatment?

Referral to Treatment (RT) is for students who continue to show serious concerns and who do not respond to the Brief Intervention. The referral can be for further school-based services or a

recommendation for mental health or substance abuse assessment. It is the parent or guardian's choice if they decide to follow up.

How are parents involved in School SBIRT?

Parents must give consent for student participation in SBIRT. Parents will be notified of the results of screening if a concern is detected. If the student's risk level persists and staff suggest further services, parents will need to be involved in the next steps.

Will the school know the results of the screens?

No. The school will be given the results of all the screens combined at the end of the year for funding purposes. No individual information will be given, unless the guardian gives written permission.

Who do I contact if I need more information?

Chris Kuhn at Samaritan Behavioral Health 937-307-0225 can answer any questions you have. A town hall meeting will be held in the lecture room at Butler High School on November 27th at 6:30 to answer any questions you may have.

Please return by November 30th, 2017

Child's Name _____ Grade _____

_____ Does have permission

_____ Does not have permission

to receive SBIRT services from Samaritan Behavioral Health Inc. These services will be of no cost as they are funded through the Montgomery County ADAMHS Board. Individual screening results and services will not be shared with Vandalia Butler Schools without parental written consent and are not part of the school record.

Guardian signature

Guardian Name

Date

